



SAILING INSTRUCTIONS

Championnat de France 2023 de la Classe 1 Mètre 18 - 21 May 2023 Venue: plan d'eau de la Base nautique de la Ganguise Organizing authority: CV Castelnau Grade 3

The notation [NP] (no protest) in a rule of the Sailing Instructions (SIs) means that a boat cannot protest another boat for a breach of the rule. This amend RRS 60.1(a).

The notation [DP] in a rule of the SIs means that a penalty for a breach of the rule may, at the discretion of the protest committee, be less than disqualification.

1. REGLES

1.1 The event is governed by:

- The rules as defined in the Racing Rules of Sailing (RRS), including appendix E,
- French prescriptions translated for foreign competitors as mentioned in the Notice of Race and distributed according SI3
- Federal regulations,
- The Heat Management System 2022,
- System for Reducing Protest Hearings (SYRPH),
- Test Rule for Umpired Radio Sailing (2021)
- RRS E.3.9: Disabled competitors. The Race Committee may make or permit reasonable arrangements to assist disabled competitors compete on equal terms as possible. A boat or the competitor controlling her that receives such assistance, including help from a support person does not break RRS 41.
- Even of the rule provides that the Race Committee is to take action, it is important to inform the later prior the event to give time for the Race Committee and the Organizing Authority to anticipate the needed and possible arrangements.
- RRS 61.1a will be adapted according the disability of the competitor.
- RRS E2.1(c) is cancelled for hails made in French.

1.2 In case of translation of the SIs, French version shall prevail.

1.3 Sports events are above all a space for exchange and sharing, accessible to all. As such, competitors and support persons are invited to behave in all circumstances, ashore and on the water, in a courteous and respectful manner regardless of the origin, gender or sexual orientation of other participants or support persons. A competitor or support person who does not respect these principles may be penalized according to RRS 2 or 69.

2. CHANGES TO THE SAILING ISNTRUCTIONS

Competitors can be informed verbally of changes to SIs prior the warning signal of the race or the heat concerned. These changes will be confirmed in writing and made available iaw SI3.

Any change to the racing schedule shall be posted before 2000hrs the day before it will be in force.

3. COMMUNICATION WITH THE COMPETITORS

3.1 Notices to competitors will be available on the official information board located in vicinity of the racing area. They will also be available on line at <https://www.ganguise.com>.

3.2 The race office is located in the main building of the sailing club (1st floor). Tel: 0468603568.

Mail: cvganguise@gmail.com.

4. CODE OF CONDUCT

[DP] [NP] Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1 Ashore, signals will be made from the flag mast located near the control area.
- 5.2 The display of Acknowledge Pennant (AP) with two sounds means that “the heat is postponed”. The warning signal will be made as soon as possible after lowering AP (1 sound).
- 5.3 The display of L Flag ashore means “a notice to competitors has been posted according to SI3”.

6. RACING PROGRAM

- 6.1 Schedule:
Each day, a briefing to competitors will be carried out 15 minutes before the 1st warning signal.

Date	Time of the 1st warning signal	Heats
18 May	1300hrs	Heats to follow
19 May	0930hrs	Heats to follow
20 May	0930hrs	Heats to follow
21 May	0930hrs	Heats to follow

- 6.2 On the last day of the competition, there will be no warning signal for a new race after 1330hrs and for a new heat, after 1430hrs.

7. FLEET ANNOUNCEMENT

Each starting procedure will be announced as follows: « N° course, flotte (x) au départ » which means “Race n° N, Heat (x) to the start”.

8. CONTROL AND LAUNCH/RECOVERY AREAS

- 8.1 The control area will be described on the course board and the briefing.
- 8.2 The launching/recovery area will be described on the course board and the briefing.

9. COURSES

- 9.1 Type 3 or 4 RS courses will be used and made available iaw SI3. They could be amended according to the sailing conditions.
- 9.2 The course to be sailing will be posted on the Course board located close to the control area.

10. MARKS

The marks will be described at the briefing.

11. START

- 11.1 [NP] [DP] Waiting boats: Boats whose warning signal has not been made shall avoid the racing area for all the duration of the heat in which they are not sailing
- 11.2 A boat starting later than 3 minutes after the starting signal will be scored DNS without hearing. This amends RRS A5.1 A5.2).

12. PENALTY SYSTEM

Test rule for umpired radio sailing (2021) will be used. The text will be posted on the official information board.

13. TARGET TIME AND TIME LIMITS

- 13.1 The time limits are as follows:

Target time	15 Minutes
Time Out Limit (TLO) for the first boat to finish. (TLF) ^r	Multi heat, Race 1: No time limit From Race 2: 30 minutes.
TLO for the other boats to finish	5 minutes or extend to the time needed to have 6 boats (or 4 boats in HMS Racing System B) remaining racing in multi heat racing. These 6 (4) boats will be scored DNF. This amends RRS 35, A4 and A5.

- 13.2 [NP] Target time will not provide ground for redress (this amends RRS 62.1(a)).

14. PROTEST AND REQUEST FOR REDRESS

- 14.1 System for Reducing Protest Hearings (SYRPH) will be used. The text will be posted iaw SI3.

- 14.2 The Protest Time Limit (PTL) for protest is 10 minutes after arrival of the finishing boat in the heat. PTL will be made available iaw SI3.
- 14.3 Protest forms will be available at the Jury Secretariat at the club house or at the Race Committee.
- 14.4 Notices will be posted no later than 10 minutes following the PTL to inform the competitors of hearings in which they are parties or named as witnesses. Hearings will take place in the Jury room located near the control area. The starting time of the hearings will be posted on the official notice board.
- 14.5 On the last scheduled day, a request for reopening a hearing shall be lodged:
- (a) Within the time limit for protest if the party requesting redress or reopening a hearing has been informed of the decision the previous day.
 - (b) No later than 10 minutes after the party requesting the reopening has been informed of the decision on that day or in the case of a request for redress, no later than 10 minutes after the decision was posted.

This amends RRS 66 and RRS 62.2.

15 SCORING SYSTEM

- 15.1 The scoring system is described in the HMS used.
- 15.2 4 races courses shall be completed to validate the regatta.

16 SAFETY REGULATIONS

- 16.1 *[DP] [NP]* A boat abandoning a race shall inform the race committee as soon as possible.
- 16.2 *[DP] [NP]* RRS 1.2 is changed to: 'When on board rescue boat, each competitor is responsible for wearing a personal flotation device adequate to the conditions'.

17. REPLACEMENT OF EQUIPMENT

[DP] Replacement of damaged or lost equipment will not be allowed without the written authorization of the Race Committee or the technical committee. Request for replacement shall be made in writing.

18. MEASUREMENT AND EQUIPMENT CHECKS

A boat or its equipment may be inspected at any time for compliance with the Class Rules or the Sailing Instructions. The Race Committee or the Technical Committee may decide to have a boat controlled at any time by just hailing « N° (x) à la jauge » ('Boat X for measurement'). The competitor will then proceed immediately to the measurement area.

19. OFFICIAL RESCUE BOAT

The official rescue boat will be described at the briefing.

20. TRASH DISPOSAL

Trash shall be disposed in the provided bins.

21. PRIZES

Prizes will be given iaw the NoR.

22. DECISION TO RACE

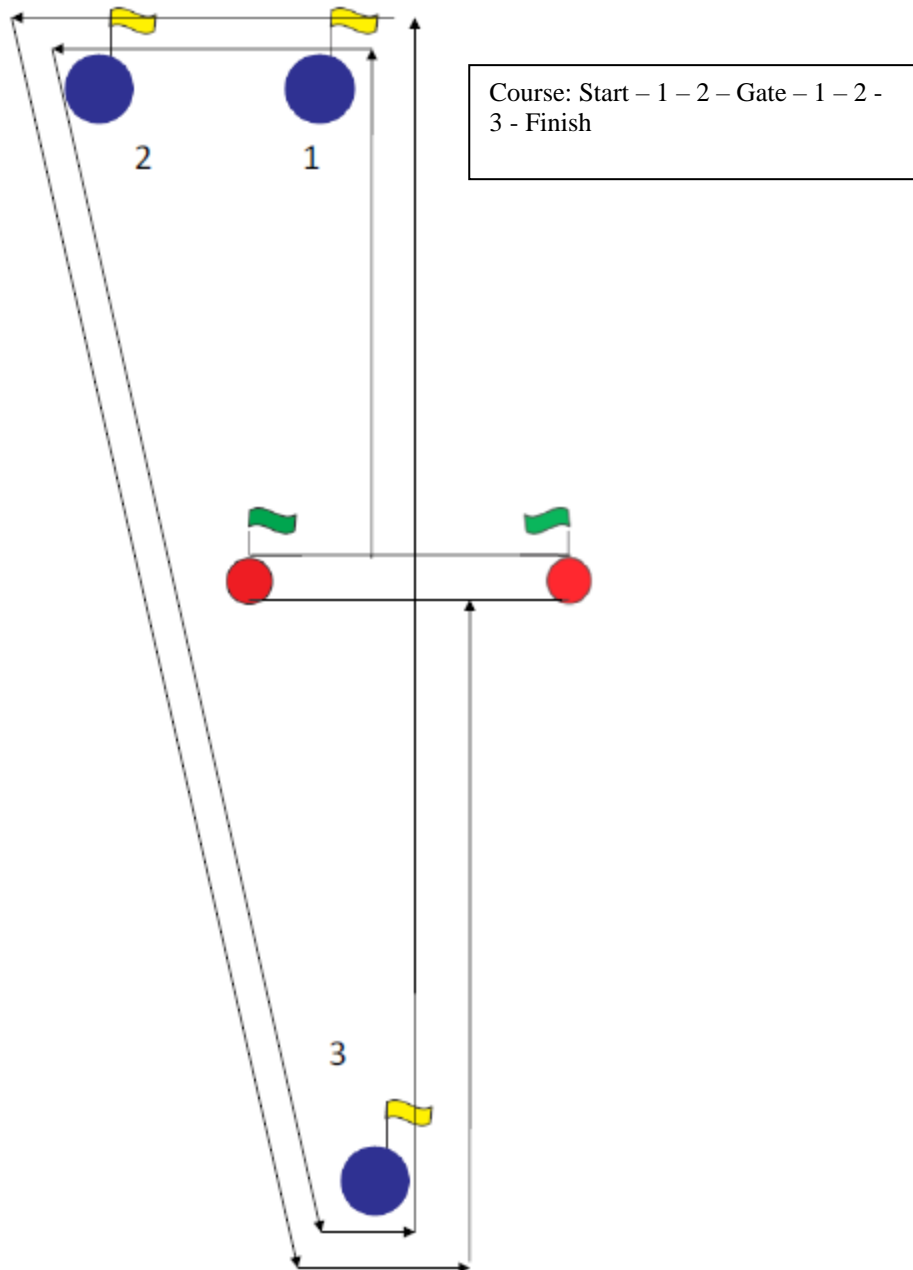
Decision to participate or to keep racing is a competitor's responsibility. Therefore, by agreeing to participate or to keep racing, the competitor discharges the organizing authority for any liability in case of damage (property and/or injury).

Appointed race officers:

Race officer:	Eric Kopka
Technical Committee:	Raymond Cronimus
Jury (Head):	Patrick Vilain
Judge:	Monique Bécognée

APPENDIX: COURSES**RS Type 3 Course**

Course type 3: Sausage with dog leg and down wind mark



RS 4 Type Course

Course type 4: Sausage with dog leg and down wind gate

